

SESSION DATES

Jan 25, 2021 – June 27, 2021 (TWENTY-ONE WEEK program, off week: March 29 – April 4)

PROGRAM DETAILS

<u>Class</u>	<u>Ages</u>	<u>Instruction</u>	Days and Times
INTERMEDIATE			
☐ Class 1	3 – 4	two 1 hour classes weekly	Tue 3 – 4 ∘ Thu 3 – 4
☐ Class 2	4 – 6	two 2 hour classes weekly	Mon 4 – 6 ∘ Thu 4 – 6
☐ Class 3	4 – 6	two 2 hour classes weekly	Tue 4 – 6 ∘ Sat 10 – 12
□ Class 4	7 – 8	two 2 hour classes weekly	Mon 6 – 8 ∘ Thu 6 – 8
☐ Class 5	9 - 11	two 2 hour classes weekly	Wed 3 – 5 ∘ Fri 3 – 5
☐ Class 6	12 + up		Mon 7 – 9 ∘ Wed 7 – 9
BEGINNER			
Saturday-only Classes		Saturday classes are for new MatchPoint NYC gymnasts only	
□ Class 7	3 – 4	one 1 ½ hour class weekly	Sat 10 – 11:30
☐ Class 8	5 – 7		Sat 11:30 – 1
☐ Class 9		one 1 ½ hour class weekly	Sat 1 – 2:30
Sunday-only Classes			
□ Class 10		one 1 ½ hour class weekly	10 – 11:30
☐ Class 11			Sun 11:30 – 1
☐ Class 11		one 1 ½ hour class weekly	Sun 1 – 2:30
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<u>ADVANCED</u>			
(by Coach approval ∘ ages are approximate)			
□ Advanced A	5 – 7	two 2 hour classes weekly	Tue 5:30 – 7:30 ∘ Thu 5:30 – 7:30
☐ Advanced B	8 - 11	two 2 hour classes weekly	Tue 3:30 – 5:30 ∘ Thu 3:30 – 5:30
□ Advanced C	5 – 8	three 2 hour classes weekly	Mon 5 – 7 ∘ Wed 5 – 7 ∘ Fri 5 – 7

GENERAL TERMS

For pricing and all other details, please contact the front desk (718) 769 – 0001 or visit us at 2781 Shell Rd, Brooklyn.